

YUCAIPA SENIORS' FELLOWSHIP NEWSLETTER

YUCAIPA SEVENTH-DAY ADVENTIST CHURCH

Editor: Linda Hill

October, November, December 2014

Volume 11 Issue 4

TENTATIVE ACTIVITY SCHEDULE

Oct. 18	Seniors' Potluck	Church
Oct. 19	Movie Afternoon	Church
Nov. 5 - 8	Evangelistic Series	Church
Nov. 12-15	Evangelistic Series	Church
Nov. 15	Seniors' Potluck	Church
Dec. 7	Supper & Light Display	Mission Inn
Dec 20	Seniors' Potluck	Church

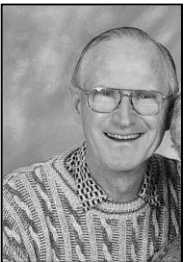
Seniors' Fellowship Committee

Leaders	Tom & Vera Miller	795-0615
Seniors' Advisor	Dorothy Womack	794-4570
Tour Guide	Linda Hill	797-0487
Member	Judy Balandran	951-227-8815
Member	Marjorie Brito	746-6851
Member	Bob Cash	795-5573
Member	Alice Gerrans	797-9760
Member	Chris & Ron Neish	797-2300
Member	Jack & Bobbie Stevens	951-845-3004

***Pictures from Church Directory or as submitted.

LEADER'S CORNER

By Tom Miller



I DID IT MY WAY

The title of this letter my well remind some of our readers of the late Frank Sinatra, one of whose vocal hits was the song, "I Did It My Way". And he did.

The result? He became a huge success in the world of entertainment and very, very rich. He was an outstanding success. Among his many "accomplishments" were a number of illicit relationships with women. An outstanding success in marriage!!! He had four wives, which is three more than I have. There were, however, some other details not widely publicized. On the subject of God he said, ".I think I can sum up my religious feelings in a couple of paragraphs. First: I believe in you and me. I'm like Albert Schweitzer and Bertrand Russell and Albert Einstein in that I have a respect for life - in any form. I

believe in nature, in the birds, the sea, the sky, in everything I can see or that there is real evidence for. If these things are what you mean by God, then I believe in God. But I don't believe in a personal God to whom I look for comfort or for a natural on the next roll of the dice." He was also subject to violent mood swings and was manic depressive. As he lay dying he said to his fourth wife, who was with him, "I'm losing."

How about you, dear reader? Are you doing things your way or God's way? If you're doing them your way then you're losing. Let me remind you of the following words of Isaiah. 55:9 For [as] the heavens are higher than the earth, so are my ways higher than your ways, and my thoughts than your thoughts. 55:10 For as the rain cometh down, and the snow from heaven, and returneth not thither, but watereth the earth, and maketh it bring forth and bud, that it may give seed to the sower, and bread to the eater: 55:11 So shall my word be that goeth forth out of my mouth: it shall not return unto me void, but it shall accomplish that which I please, and it shall prosper [in the thing] whereto I sent it.

There are a couple of points I'd like to emphasize here.

- 1) God's word will not return to Him "void".
- 2) It shall accomplish what He wants to accomplish. Not what we want to accomplish, praiseworthy though our aims may be.

Often that's a test of faith. Consider Will Nicholson. He was my wife's uncle, but he was also an Adventist pastor. He was sent to Cork, Ireland to start a church. While there he made many friends, but no baptisms and no church! Indeed a test of his faith. Eventually he was moved from Cork and over the next fourteen years was a pastor in various churches with great success. Then he was sent to Dublin to arrange for a church building to be erected. There was already a congregation, but no

church building. The funds were available so he wrote to the Dublin City Council requesting permission. A nearby Catholic convent objected. Permission was denied, another test of faith for Pastor Nicholson.

So he wrote another letter and decided to hand deliver it to the appropriate person. He arrived at the Council offices. The first person he saw was a lawyer with whom he had become friendly in Cork fourteen years before, although they had lost touch. He gave the letter to the lawyer and asked him what he should do. The lawyer read the letter and told Pastor Nicholson to leave it with him and he would try to help. Two weeks later Pastor Nicholson received a letter from the council reversing the previous rejection and granting permission. There is now a fine church building in Dublin for God's church. Could God have established a church in Cork. Yes. Then why didn't He? I don't know, but one day I'll find out.

How about you, dear friend. Have you had poor results for your efforts over the years? I know I have and that's where faith comes in. We must do our best and leave the results to the Holy Spirit. God's in charge and in the words of the hymn. God is working His purpose out. May the good Lord grant us the faith to do things His way.

Blessings - Tom Miller

HEALTH TALK

From Positive Choices.com

Pistachios Help Stress

Penn State researchers randomized two groups of type-2 diabetics to different diets. All consumed a heart healthy diet, but the experimental group's diet included 2 daily servings of pistachios. Researchers provided all the meals for 4 weeks. The blood vessels of those eating the pistachios remained more relaxed and open during a cold water challenge and stressful mental test. They also found real world measures of blood pressure were lower.

Positive Tip: Unsalted pistachios in moderation may be a good addition to a healthy diet.

EVENTS REMEMBERED

Flag Hill Park - Annual Potluck

By Tom Miller



The Hanson family had a challenge to their faith. They had two girls. Both had Cystic Fibrosis (C.F.) One of the girls died at the age of 5. What is Cystic Fibrosis? It is an inherited disease that causes thick, sticky mucus to form in the lungs, pancreas and other organs. In the lungs, this mucus blocks the airways, causing lung damage and making it hard to breathe. In the pancreas, it clogs the pathways leading to the digestive system, interfering with proper digestion. People with CF have a shorter-than-normal life expectancy.

It didn't become a problem for Heidi until her teen years. The Lord intervened. Heidi is now a mother with two children. Heidi explained how and her experience in a 30 minute presentation with the assistance of her mother and father, Michael and Sharon Hanson. Their faith is strong. They know they will see their first born when Jesus returns. Many wept as the presentation unfolded and shared their joy at the conclusion.



UPCOMING EVENTS



SABBATH SENIORS' POTLUCK IN FELLOWSHIP HALL

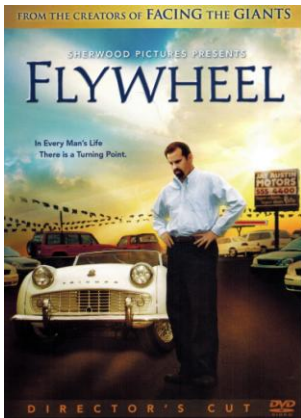
October 18 at church after service
November 15 at church after service
December 20 at church after service

Seniors' Fellowship is having a potluck after church for seniors ages 55 & up on the third Sabbath of each month. Come to fellowship together. Dessert will be provided. People with birthdays that month will be recognized.

Please be sure to bring plenty of hot & cold foods so we can include visitors at our church.

MOVIE AFTERNOON SUNDAY, Oct. 19

3:00 P.M. in the Youth Center



Jay Austin wants to sell used cars in the worst way... and that's exactly how he does business at his dealership. Promising much more than he can ever deliver, he'll do whatever it takes to sell a car. His manipulative ways permeate all of his relationships—even his wife and son know they can't trust him.

But as Jay works on restoring a classic convertible, he begins to see that God is working on restoring him as well. Coming face-to-face with the reality of how he truly conducts himself, Jay Austin begins the ride of his life as he learns to honor God with his business, his relationships, and his life!

This was produced by the same company, Sherwood Pictures that did Facing the Giants. Flywheel will have you cheering and crying once again.

SUPPER & LIGHT DISPLAY AT MISSION INN IN RIVERSIDE December 7

We will go to supper at a place to be designated and then take a walking tour around the Mission Inn. Wheelchairs will have no problem since we will be on sidewalks.

It is a wonderful display of Christmas lights. You will not want to miss this special time together. Watch for more information in the church bulletin. (The bulletin is posted on the church website each week.)



Enjoy more than 4 million dazzling holiday lights, appearances by Santa Claus, the world's largest manmade mistletoe measuring 12' x 8', horse-drawn carriage rides, freshly fallen snow, an elaborately decorated Christmas tree in the hotel lobby and delectable holiday confections at the original famous Casey's Cupcakes® located at The Inn. The Mission Inn's Festival of Lights is an annual gift to the community from property Owners Duane and Kelly Roberts who saved the historic landmark from destruction in 1992. The City of Riverside has adopted The Mission Inn's Festival of Lights as a citywide initiative with a vision of a Dickensian holiday spectacle featuring lights and decorations throughout downtown Riverside, an outdoor ice-skating rink on the Main Street pedestrian mall, holiday vendors and family-friendly entertainment.

I COULD HAVE WRITTEN THIS MYSELF



I would never trade my amazing friends, my wonderful life, my loving family for less gray hair or a flatter belly. As I've aged, I've become kinder to myself, and less critical of myself. I've become my own friend. I don't chide myself for eating that extra cookie, or for not making my bed, or for buying that silly cement gecko that I didn't need, but looks so avante garde on my patio. I am entitled to a treat, to be messy, to be extravagant.

I have seen too many dear friends leave this world too soon; before they understood the great freedom that comes with aging.

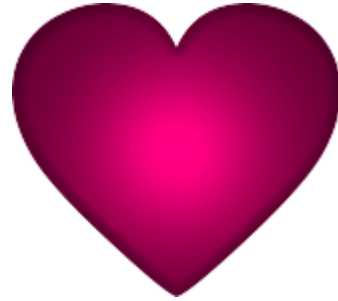
Whose business is it if I choose to read or play on the computer until 4 AM and sleep until noon? I will dance with myself to those wonderful tunes of the 60 & 70's, and if I, at the same time, wish to weep over a lost love ... I will.



I will walk the beach in a swim suit that is stretched over a bulging body, and will dive into the waves with abandon if I choose to, despite the pitying glances from the jet set.

They, too, will get old. I know I am sometimes forgetful. But there again, some of life is just as well forgotten. And I eventually remember the important things.

Sure, over the years my heart has been broken. How can your heart not break when you lose a loved one, or when a child suffers, or even when somebody's beloved pet gets hit by a car? But broken hearts are what give us strength and understanding and compassion. A heart never broken is pristine and sterile and will never know the joy of being imperfect.



HYMN STORIES

Contributed by Laverne Cronk

While Shepherds Watched Their Flocks

The singing of hymns as we know it today was practically non-existent in England and the United States from the beginning of the sixteenth century Protestant Reformation until the eighteenth century. During this time congregational singing consisted almost entirely of versified settings of the Psalms. "The Psalter" used exclusively during this entire period was the "Sternhold-Hopkins Psalter published in 1562. Though this Psalter was known for its faithfulness to the original Hebrew, the crude, unpoetic character of its texts became increasingly offensive to many congregations.

Finally, in 1696, during the reign of William and Mary, two Irishmen Nahum Tate and Nicholas Brady, collaborated in undertaking a new metrical version of the Psalms more in keeping with the literary tastes of the day, however, the new Psalter was met with widespread resistance. A pastor who asked a villager why he no longer participated in the singing in church, he received the reply "Well Sir, David speaks so plain that us cannot mistake 'un, but as for Mr Tate and Brady, they have taken the Lord away." And Tate himself relates that when he was present at family prayers at the home of a friend, one of the maids explained her refusal to sing by saying "If you must know the plain truth, Sir, as long as you sung Jesus Christ's Psalms, I sung along with ye, but now that you sing Psalms of your own invention, ye may sing by yourselves."

With the official endorsement by King William III the NEW VERSION supplanted the old Psalter throughout the Church of England. From England it came to America where it was adopted by the American Episcopal Church in 1789. Tate and Brady had already published a supplement to their "NEW VERSION" in 1700. The supplement contained sixteen hymns in addition to the metrical Psalms. One of these original hymns was Tate's Christmas carol description of the angel's appearance to the shepherds as

described in Luke 2:8-14, While Shepherds Watched Their Flocks. All of Tate's other hymns from this collection have long been forgotten.

"While Shepherds Watched their Flocks" ranks as one of our most popular Christmas hymns and is found in nearly every Protestant hymnals. Its purely narrative account about the shepherds is on a level that even children can visualize and understand easily. The music for this carol has been adapted from a work by Master Composer George Frederick Handel.

Handel was born in Halle, Germany on February 23, 1685. After 1713 he made his home in England and became a naturalized citizen in 1727. He is best known for his oratorio, The MESSIAH, composed in 1741, completed in just twenty four days. Though Handel wrote several tunes for specific hymns, his best known hymn tune like this one have been arranged from his Major works.

From: 101 Hymn Stories
By Kenneth W. Osbeck

SENIOR NEWS

90 PLUS CLUB

By Leora Heath



Lois Thomas

On January 3, 1924 Lois was the first child born to her parents. Later the family welcomed 2 more girls and a boy. Her

father was an electrician and worked building the famous overhead El transportation system in Chicago. Lois attended elementary and high school in Chicago. She found she enjoyed working with hair so became a beautician. She also was a talented artist.

She married and has 3 grown children, 2 grandsons, and 3 great grandchildren.

Lois started searching for God as a teenager and was baptized into the Mormon Church, which pleased her father. She did not find God there. She had a second cousin who gave her Adventist literature to read. Her search for truth was answered when she met someone at a social gathering who claimed he knew which church was God's true church. He told the group that it is the Seventh-day Adventist Church. She was the only one that checked that out. She finally found the truth as it is in Jesus!

Lois has had the privilege of touring Canada and each of the 48 states.

Unfortunately, Lois developed macular degeneration six years ago. She has had to give up her beautiful artwork. The she had to give up her freedom and independence when she could no longer drive her car.

Lois loves the Lord very much and looks forward to the coming of Jesus to heal her and take her home with him.

Lois is still able to live in her own home along with one dog and two cats. She is always so happy to attend church when her daughter or friends take her. She is so blessed with loving, caring children who look after her needs and a brother who visits her.

Lois is a true prayer warrior. If she hears of any need for prayer for anyone, you can be sure that person or need is put before the Lord daily.

BIRTHDAYS

OCTOBER

Melodie Dahlstrom	1	Mary Perkins	1
John Ferguson	1	Sandy Bradford	4
Ann Burke	9	Kenna Thompson	9
Valentina Klochikhina	10	Agripina Petrescu	11
Daniel Reeves	12	Judy Northrop	13
Michael Easley	13	Max Lupo	14
Janet Jones	16	Curtis Bradford	17
Sam Ruffner	18	Dan Sexton	21
Bette Bennett	23	Travis Goodner	25
Carol Lund-Nielsen	24	Dorothy Cooper	25
Karen Lupo	26	Don Martin	27
David Steck	30		

NOVEMBER

Sylvia Williams	2	Alice Farley	2
Gary Fisher	2	Leona Humphrey	3
Bobbie Stevens	5	Ron Auvil	7
Eva Russell	8	Carole Rodriguez	12
Joan Gage	16	Esther Michels	18
Gngelina Villegas	20	Roger Randall	20
Laverne Cronk	21	Larry Arias	22
Vicki Garnick	23	Dan Machain	26
Raylene Corwin	28		

DECEMBER

Martin Headley	1	Arlen Bristol	2
Mary Kinsey	7	Cinnia Easley	11
Lucille Ziegenfuss	15	Ed Israel	17
Richard Boecker	17	Ivy Papadakis	17
Steven Kurpui	19	Linda Machain	22
Linda Burton	24	Isabell Van Tassell	26
Dorothy Pulley	29	Traudy McLarty	30
Marlene Thelander	30	Jayson Lidar	30

OCTOBER, NOVEMBER, DECEMBER

WEDDING ANNIVERSARIES

Last Name	First Names & Family	Anniversary
Kurpui	Maria & Steven*	10/28/1973
Roth	Richard & Barbara	11/27/1955
Jackson	George* & Carmen	11/20/1994
Ng	James & Ruby*	11/17/2000
Carlson	Jon & Linda	11/24/1974
Buchmiller	Elmer & Ann	11/30/1940
Humphrey	Bob & Leona	11/19/1975
Cash	Robert & Jewel*	12/24/1960
Tagaro	George & Wency	12/6 /1992
Schaefer	Bob & Florence	12/30/2010
Van Tassell	Bert & Isabell	12/28/1947
Davisson	Dave & Elizabeth	12/14/1996
Goodner	Travis & Julia	12/1 /1963
Steck	David & Marla	12/16/2008
Israel	Eduardo & Shirley	12/3 /1967

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By Eleanor Dosey

Fall is the Lord's blessing with its cooler weather, as we enjoy the balmy breezes, we appreciate your kindness and love for you and for me.

The variation of climate keep us not only in suspense by makes it exciting, expecting the most and in awe.

Our respect for the control of the universe, our interest never ceases to amaze us as we search for answers to our questions on the wonders of our world leaves our curiosity to see;



As we move from the hot summer to a cooler fall, we take in the beauty of the season and realize what we can be thankful for. We should love God for what He does for us and not expect more;

Yes, fall is a blessing from God and we thank Him for the care that He gives us