YUCAIPA SENIORS' FELLOWSHIP NEWSLETTER YUCAIPA SEVENTH-DAY ADVENTIST CHURCH

Editor: Linda Hill

July, August, September 2015

Volume 12 Issue 3

TENTATIVE ACTIVITY SCHEDULE

July 12	Myrtle Creek Botanical Gardens	Fallbrook
July 18	Senior Potluck	Church
Aug 15	Senior Potluck & Vespers	Flag Hill Park
Sept 19	Senior Potluck	Church
Sept 27	Beach	
Watch	for other activities in bulletin each	n month.

Seniors' Fellowship Committee

Leaders	Tom & Vera Miller	795-0615
Seniors' Adviso	r Dorothy Womack	794-4570
Tour Guide	Linda Hill	797-0487
Member	Judy Balandran 951	-227-8815
Member	Marjorie Brito	746-6851
Member	Bob Cash	795-5573
Member	Chris & Ron Neish	797-2300
Member Jack 8	Bobbie Stevens 951	-845-3004

***Pictures from Church Directory.

LEADER'S CORNER



Sent by Tom Miller

With the 4th of July just around the corner, this is a special song we should all know. Time to dust this one off. Good story. Great song.

THE STORY BEHIND A GREAT SONG

Frank Sinatra considered Kate Smith the best singer of her time, and he said that when he and a million other guys first heard her sing "God Bless America" on the radio, they all pretended to have dust in their eyes as they wiped away a tear or two.

Here are the facts... The link at the bottom will take you to a video showing the very first public singing of "GOD BLESS AMERICA". But before you watch it, you should also know the story behind the first public showing of the song.

The time was 1940. America was still in a terrible economic depression. Hitler was taking over Europe and Americans were afraid we'd have to go to war. It was a time of hardship and worry for most Americans.

This was the era just before TV, when radio shows were HUGE, and American families sat around their radios in the evenings, listening to their favorite entertainers, and no entertainer of that era was bigger than Kate Smith.

Kate was also large; plus size, as we now say, and the popular phrase still used today is in deference to her, "It ain't over till the fat lady sings". Kate Smith might not have made it big in the age of TV, but with her voice coming over the radio, she was the biggest star of her time.

Kate was also patriotic. It hurt her to see Americans so depressed and afraid of what the next day would bring . She had hope for America, and faith in her fellow Americans. She wanted to do something to cheer them up, so she went to the famous American song-writer, Irving Berlin (who also wrote "White Christmas" and asked him to write a song that would make Americans feel good again about their country. When she described what she was looking for, he said he had just the song for her.

He went to his files and found a song that he had written, but never published, 22 years before - way back in 1917. He gave it to her and she worked on it with her studio orchestra. She and Irving Berlin were not sure how the song would be received by the public, but both agreed they would not take any profits from God Bless America. Any profits would go to the Boy Scouts of America. Over the years, the Boy Scouts have received millions of dollars in royalties from this song.

This video starts out with Kate Smith coming into the radio studio with the orchestra and an audience. She introduces the new song for the very first time, and starts singing. After the first couple verses, with her voice in the background still singing, scenes are shown from the 1940 movie, "You're In The Army Now." At the 4:20mark of the video you see a young actor in the movie, sitting in an office, reading a paper; it's Ronald Reagan. To this day, God Bless America stirs our patriotic feelings and pride in our country. Back in 1940, when Kate Smith went looking for a song to raise the spirits of her fellow Americans, I doubt whether she realized just how successful the results would be for her fellow Americans during those years of hardship and worry..... And for many generations of Americans to follow.

Now that you know the story of the song, I hope you'll enjoy it and treasure it even more.

Many people don't know there's a lead in to the song since it usually starts with "God Bless America....." So here's the entire song as originally sung.....ENJOY!

Let us pray God still does Bless America, and it's not too late.

VIDEO OF KATE SMITH SINGING "GOD BLESS AMERICA"

http://www.youtube.com/embed/TnQDW-NMaRs?rel=0

UPCOMING EVENTS



July 18 at church after service Aug 15 at <u>Flag Hill Park</u> with Vespers 5:30 Sept 19 at church after service

Seniors' Fellowship is having a potluck after church for seniors ages 55 & up on the third Sabbath of each month. Come to fellowship together. Dessert will be provided. People with birthdays that month will be recognized.

Please be sure to bring plenty of hot & cold foods so we can include visitors at our church.

In **August, for our potluck in the park,** you will need to bring sandwiches, prepared fruit or vegetables, or dessert. Seniors' Fellowship will provide the drink.

Bring a lawn chair and your sweater.

MYRTLE CREEK BOTANICAL GARDENS IN FALLBROOK

JULY 12

We will leave the church at 8:30 am and travel by car and van to this beautiful spot up in the hills of Fallbrook. The cost is \$10 which will <u>include your organic lunch</u>. We will start with a tour of the gardens and buildings and then there will be time to check out the many things available. No outside food is allowed.

You must sign up in the foyer or call the church by **July 7** if you plan to attend. Money must also be in by July 7.



Once we are at Myrtle Creek Botanical Gardens, you will lose yourself in over 30 acres of flowers, shrubbery, farm and fields. Do you like what you see, but you're not sure what it's called? No problem. There are horticultural experts on hand to answer any questions visitors have. They can even advise you on some top picks at their nursery that you can add to enhance your own green spaces. There are over 10,000 plant species growing here, and the majority are perfectly suited to the local climate and terrain. Learn more about growing citrus trees and other fruit in your garden, or get up to speed on "vertical gardening" techniques.

Two recent additions to Myrtle Creek are the Wild Bird Sanctuary, and the Butterfly Garden. Be sure not to miss either. There is a ton of history in these hills as well. 30 years ago the Sherman family founded the nursery, but there are buildings on site that date back to 1895. The Fallbrook Landmark Barn is perhaps the most impressive of the structures to be found at Myrtle Creek. The old livestock barn

was hand-crafted with round timbers and square nails. The rich red color of the barn came from the mixture of linseed oil and rust from old farm tools that the settlers used as a paint and preservative on wooden structures. A magnificent mural adorns the side of the barn. An angel meant to be looking protectively down over the property and the people who call Myrtle Creek home. Another historic building worth a visit is the Landmark Farm House that now houses a gift shop. Browse the unique home and garden decorations, many of which were hand-crafted by local artisans. Myrtle Creek also has an online store, and can deliver plants from their nursery to your backvard.

The organic kitchen at the cafe prides itself on its "Farm to Table" philosophy. Forget the "100 Mile Diet". At Cafe Bloom, most of what you find on your plate will have been grown on the land surrounding the patio where you're seated.

POTLUCK/VESPERS August 16



Join us for a potluck supper at **5:00p.m.** of **salads &sandwiches**. The Seniors' Fellowship will supply the drink and utensils. Please bring your favorite salad, sandwiches, or dessert.

Following the potluck will

be a special vespers.

Be sure to bring your lawn chair, sweater, along with your singing voice. Watch for more info in bulletin.

BEACH TRIP September 27

Final plans have not been made but keep this date available for our annual trip to



the beach. Watch the bulletin for more info.

HEALTH TALK

Sent by Lyle Hamel

In today's Newspaper (April 5, 2015) there was the following article, thought of us oldsters and what could be in the future of us.

"LIVING TO 100

"4 SUPER-SIMPLE SECRETS TO LIVING LONGER, HEALTHIER AND HAPPIER-

FROM LONGEVITY EXPERT DAN BUTTNER AND CENTURIONS AROUND THE WORLD.

"You turn 50 and suddenly you're pegged as 'middle-aged'. But what if it really was the middle, and you could expect to live to 100 or even 120? Don't laugh.

"There are 53,364 centurions in the U.S. today, according to the latest Census Bureau figures, and experts estimate that number could skyrocket to 600,000 by 2050. Better yet, many of these oldsters will defy the doddering stereotype.

"Take Jeralean Talley of Inster, Michigan. She was still bowling as 104 and getting around with the help of a walker last May - when she celebrated her 115th birthday.

"Last year, United Health care polled 104 people who've reached triple digits and found that not a single one felt sad or burdened, or even particularly old.

"On the average, they said, they felt more like whippersnappers of 83.

"The four secrets were:

1. Association with others

- 2. Eat Smart
- 3. Seek a Purpose
- 4. Move It, walking is the best."

There was a lady who on her 100th birthday celebrated by Parachuting out of an airplane. Dan Buerttner listed that Loma Linda is one of three places that have the longest living persons.

Thought that you would be interested and that all of us aim for a long healthful life!

SENIOR NEWS

John & Lynette Goode

We have been called to Togiak, Alaska, a village of 1200 people, to be lay pastors to a church with large youth а group. http://www.alaskaconference.org/togiak. This is a volunteer position and needs sponsors to help with moving/travel and other ongoing expenses. To give online go to the above web page and click on the "Online Giving". In the Offering page use the "Arctic Mission Adventure-Togiak" box and enter "Goude" in the "short description" box in the payment page. We appreciate your support in this missionary outreach to the Yupik people.



Below are some YouTube links <u>https://www.youtube.com/watch?v=xuQMO940</u> 6BQ

https://www.youtube.com/watch?v=tLX4oVH_C Rc

Preview YouTube video Alaska July 30, 2011 Offering Appeal+Mission Status Change (20 Minutes)

John Goude DiningOnTheWilds.com

The church phone is <u>907.493.5160</u> Our cell phones will have to change.

The Church/parsonage address is: PO Box 22 Togiak AK 99678



Bette and Larry Husted Report

We're doing well here in Mariposa, but we're not in town most people here are not. We're about 15 min. outside of town in the hills, but our house is not shaded, so it gets warm!

I notice all over that this old world is winding down, and this past year we've been hearing a lot about preparing for it and the time of trouble. So we're trying to do that, and I hope everyone there is also thinking about preparation. We'll need to be self-sufficient in many ways, and country living is a good option. I pray for God's blessings to you and all our friends there. We miss you all!

I think our new church appreciates us, but it is only 70 members - so far! Larry has become an elder (we were in great need, so he agreed), and I am treasurer - a new job for me! but I enjoy being able to do my part. God bless you in all you do.

SENIOR WEDDING ANNIVERSARIES	
July, August, September	

Joe & Cindy	7 /20/1975
Ron & Christine	7 /21/1983
Alton & Bonnie	7 /15/1962
Irvin & Doreen	7 /3 /1956
Elijah & Lidia	7 /13/1986
Jack & Bobbie	7 /2 /1994
Larry* & Bette*	7 /31/1982
Calvin & Ruth	8 /4 /1968
Bill & JoAnn	8 /4 /1957
Dallas & June	8 /2 /1951
Jerry & Chris	8 /23/1964
George & Linda	8 /16/1970
Eddie & Ethelyn	8 /3 /2001
Mitch & Pauline	8 /24/1949
Margaret & Tony	8 /28/1977
Mike & Linda	8 /13/1978
Gary & Traudy	9 /18/1983
Richard & Carrie	9 /10/2001
Donna & Jim*	9 /5 /1993
	Ron & Christine Alton & Bonnie Irvin & Doreen Elijah & Lidia Jack & Bobbie Larry* & Bette* Calvin & Ruth Bill & JoAnn Dallas & June Jerry & Chris George & Linda Eddie & Ethelyn Mitch & Pauline Margaret & Tony Mike & Linda Gary & Traudy Richard & Carrie

SENIOR BIRTHDAYS JULY, AUGUST, SEPTEMBER

First NameLast NameBDFirst NameLast NameAnnBuchmiller7/1KennethCoxShirleyIsrael7/3PatriciaHenryDouglas*Lafferty7/3GloriaPohrenLilyReyes7/4AttarahJafferyDavidLarson7/7Karen*LaffertyCharlyneWertz7/8PhyllisBrooksMarianneCarty7/10DollieSullivanTwilaGrecian7/12MarjorieBritoShirleyBristol7/14VeraMillerRonaldLemmon7/15LindaCarlsonElmerBuchmiller7/18MargaretVenckeleerBarbaraRoth7/18TedTroiaArdyceFowler7/21RaymondLonserC. NormanFarley7/23JohnDeckerRobbinChristianson7/23PattiSmithMiltonBarton7/27Bill*LoDeanneJoseph7/27Darold*RetzerSterlingLabe8/1LauraPoteTammyHillcock8/1MitchGulka	BD 8/22 8/23 8/24 8/25 8/26 8/26 8/27 8/27 8/28 8/28 8/28 8/30 8/31 9/3 9/5
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Eddie Glassford 8/3 Michael Burton	9/11
Thach Dunkin 8/5 Rick Martinez	9/12
Elizabeth Davisson 8/5 John Vipond	9/14
Judy Gonzalez 8/7 Irene Motley	9/14
Betty Weischadle 8/7 Linda Hill	9/14
Joyce Smith 8/8 Joyce Young	9/16
Pauline Gulka 8/9 Jack Stevens	9/17
Toni Nelson 8/13 Tony Venckeleer	9/17
Mary Jane Casey 8/14 Russell Digby	9/18
George Tudose 8/15 Steve Forland	9/21
James Gilchrist 8/15 Carrie Ford	9/23
Elijah Grekov 8/17 Amy* Tamayose	9/26
Barbara Dixon 8/17 Joanne* Igyarto	9/27
Bill Prokop 8/17 Lora Hughes	9/29
Irvin Kuhn 8/18 Tim Chapman	9/30
Julio Diaz 8/20	
Donna Valles 8/21	

90 YEAR CLUB

Irene Motley will be 91 in September Charlyne Wertz will be 93 in July Ann Buchmiller will be 95 in July Twila Grecian will be 95 in July Elmer Buchmiller will be 97 in July

AL LEARNED TURNED <u>104</u> ON JUNE 25.



HAPPY BIRTHDAY AL FROM ALL YOUR FRIENDS IN SENIORS' FELLOWSHIP.

MOVING AWAY

Alice Gerrans will be moving away in July to be with her family in Tennessee. We will miss her cheerful smile and her willingness to help.





Joan Gage has already moved to be with her family in Lake Havasu, AZ. We will miss the times we were able to talk with you.

If you would like their new

information, please contact the church office.

WHAT TO TAKE TO BED WITH YOU



Put your car keys beside your bed at night.

If you hear a noise outside your home or someone trying to get in your house, just press the panic button for your car. The alarm will be set off, and the horn will continue to sound until either you turn it off or the car battery dies.

This tip came from a neighborhood watch coordinator. Next time you come home for the night and you start to put your keys away, think of this: It's a security alarm system that you probably already have and requires no installation. Test it. It will go off from most everywhere inside your house and will keep honking until your battery runs down or until you reset it with the button on the key fob chain. It works if you park in your driveway or garage. If your car alarm goes off when someone is trying to break into your house, odds are the burglar/rapist won't stick around.

After a few seconds, all the neighbors will be looking out their windows to see who is out there and sure enough the criminal won't want that. And remember to carry your keys while walking to your car in a parking lot. The alarm can work the same way there. Yucaipa SDA Church Newsletter P.O. Box 1099 Yucaipa, CA 92399

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ADDRESS SERVICE REQUESTED

IF YOU HAVE NO PLACE TO GO— HERE ARE A FEW OPTIONS. Sent by Don Martin from internet

I have been in many places, but I've never been in Cahoots. Apparently, you can't go alone. You have to be in Cahoots with someone.

I've also never been in Cognito. I hear no one recognizes you there.

I have, however, been in Sane. They don't have an airport; you have to be driven there. I have made several trips there, thanks to my friends, family and work.

I would like to go to Conclusions, but you have to jump, and I'm not too much on physical activity anymore.

I have also been in Doubt. That is a sad place to go, and I try not to visit there too often.

I've been in Flexible, but only when it was very important to stand firm.

Sometimes I'm in Capable, and I go there more often as I'm getting older.

One of my favorite places to be is in Suspense! It really gets the adrenalin flowing and pumps up the old heart! At my age I need all the stimuli I can get!

And, sometimes I think I am in Vincible but life shows me I am not.

People keep telling me I'm in Denial but I'm positive I've never been there before!

I may have been in Continent, but I don't remember what country I was in. It's an age thing.